


<p>HISTORY: Draft: September 29, 2007 Revised: March 29/07, October 16/07, June 11/08, November 14/08, Sept 28/09 Approved: Nov.3/09</p>		<p>POLICY TITLE: HEALTH PROMOTING SCHOOLS</p>	<p>POLICY NO. 209 Page 1 of 1</p>
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POLICY:

The Board recognizes the school setting is key to the health and well being of students and staff. The Board supports an integrated approach from school, district, home and the community that encompasses instruction, environment and services for students.

REGULATIONS:

1. Integrated Approach

1.1 Instruction and Awareness

All students shall be taught the essential knowledge and skills they need to become health-literate – to make health enhancing choices and avoid behaviors that can damage their health and well-being.

1.2 Health Promoting Environment

Schools shall be organized to encourage students to adopt health enhancing behaviors and school staff shall be encouraged to model healthy lifestyles.

1.3 Services for Students

Schools shall ensure that the nutrition, health and social services children need in order to learn are provided at the school site in cooperation with other community agencies.

1.3.1 Food sold to students will follow the Guidelines for Food and Beverage Sales in B.C. Schools.

1.3.2 Schools will be encouraged to provide healthy food choices at school activities (class rewards, celebratory events, etc.).

1.3.3 PAC's will be encouraged to provide healthy food choices at fund raisers and other activities.

2. Responsibilities:

2.1 The District Healthy Lifestyles Committee will monitor progress and support schools by coordinating information and developing recommendations to the Board.

2.2 Principals are encouraged establish processes in the school for a collaborative approach to health promotion. Examples might include a school health committee, through the School Planning Council, or a healthy living alliance with the local community.