

## Valley Community Services Society

915 Pine Street Creston BC Canada V0B 1G0

**250-428-5547**

- Child and youth mental health services
- Parent teen meditation
- Reconnect program for youth
- Family advancement and skills acquisition programs
- Children who witness abuse
- Sexual abuse intervention program
- Pregnancy Outreach

## East Kootenay Crisis Line

**1-800-667-8407**

Helpline for Children      **310-1234**

## Kootenai Community Centre

**Creston - Office 250-402-0068**

**Crisis Line 250-428-6856**

- Emergency Shelter & Support - 24 hour on call support

## Gleaners Society

807 Canyon St. Creston

**250-428-4066**

- Support through application for a spectrum of community programs
- Food bank

## Kootenay Employment Services

119 11th Ave. S. Creston

**250-428-5655**

#203 514 Vernon St. Nelson

**250-352-6200**

## WE Graham Community Service Society

1001 Harold St. Slocan Village

**250-255-2484**

- Restorative justice
- Art therapy
- Drug and addiction counselling
- Youth employment services
- Youth centre

## Salmo Community Resource Society

311 Railway Salmo

**250-357-2277**

- Child and youth mental health
- Children who witness abuse
- Parenting Program
- Salmo food bank
- Salmo safe homes
- Stopping the violence

## Salmo Valley Youth and Community Centre

206 7th St. Salmo

**250-357-2320**

- Recreation & fitness centre
- Youth activities
- Salmo community radio

## North Kootenay Lake Community Services

336 B Avenue, Kaslo

**250-353-7691**

- Family resource centre and parenting programs
- Youth arts and culture
- Kaslo food security project
- Victim services and safe homes
- Counselling: child and youth mental health

## Kaslo Area Youth Centre

311 4th St, Kaslo, BC V0G 1M0

**250-353-7110**

## Circle of Indigenous Nations

Cultural case management, individual support, counselling  
Outreach services

**250-231-4968**

## Nelson Food Cupboard

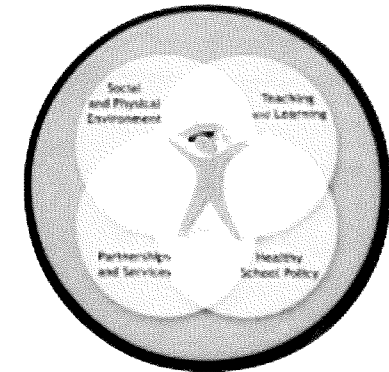
602 Silica St. Nelson

**250-354-1633**



Handout +  
Regular open  
Nov 14/17  
13 Ba)

# Directory of Community Services



## Comprehensive School Health

“Schools and communities working in partnership to create and foster health promoting schools.”

For Live Links to Community Services go to

<https://sd8learns.sd8.bc.ca/healthyschools/>

Updated November 2017

Health Promoting Schools

District 8 - Kootenay Lake  
[hsc@sd8.bc.ca](mailto:hsc@sd8.bc.ca)

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### Community Health Centres

312 15th Ave. Creston **250-428-3873**  
673 A Ave. Kaslo **250-353-2291**  
333 Victoria St. Nelson **250-505-7200**  
423 Davies Ave. Salmo **250-357-0104**

### Hospitals

Kootenay Lake Hospital **250-352-3111**

3 View St. Nelson

Creston Valley Hospital **250-428-2286**

312 15th Ave. North Creston

Kaslo Primary Care Centre **250-353-2291**

673 A Ave, Kaslo 24 - hour emergency service

### Health Link 8-1-1

- Health information
- Health services and resources
- Speak to a nurse, pharmacist or dietitian
- Tobacco cessation

### RCMP - non emergency numbers

- Nelson City Police **250-354-3919**
- Slovan Lake **250 - 358-2222**
- Nelson RCMP **250-352- 2156**
- Creston RCMP **250-428-9313**
- Salmo RCMP **250-357-2212**
- Kaslo RCMP **250-353-2225**

West Kootenay Crisis Line **1-800-353-2273**

BC Crisis Centre **1-800-784-2433**

### West Kootenay Eating Disorder Clinic

707 10th St. Castlegar **250-505-7252**

- Assessment, treatment recommendations, consultations

### Min of Children and Family Development

566 Stanley St. Nelson **250-354-6480**

224 10th Ave N Creston **250-428-3229**

### East Kootenay Addiction Services Society

**(250) 423-4423**

### Nelson Mental Health & Addictions

333 Victoria St. Nelson **250-505-7248**

### Freedom Quest Regional Youth Services

608B Lake St. Nelson **250-352-3783**

336 B Ave Kaslo **250-353-8647**

206 7th Street Salmo **250-231-0316**

Slocan **250-551-6562**

Main Office Castlegar **250-304-2676**

- Youth addiction counselling
- Individual, group and family counselling

ARC Programs **250-365-5800**

Youth Outreach for youth 12-18 in Salmo, Slocan Valley, Castlegar, Trail, Rossland

### Options for Sexual Health Clinic

**Nelson** 333 Victoria St. (Wed 5:30-8:00pm)

(ring buzzer and go to 2nd floor) **250-505-3108**

**Creston** 312 15th Ave (2nd & 4th Tues 5-7pm)  
**250-428-3873**

**Kaslo** 673 A Ave (2nd and 4th Mon 6-8pm)  
**250-353-2291**

### Ankors

**West** **250-505-5506**

**East** **250-426-3221**

- Prevention and education HIV/Aids and Hepatitis C
- Support/outreach/drop-in/Free condoms
- Needle exchange program

### Nelson Community Services Centre

201 - 518 Lake St. Nelson **250-352-3504**

- Individual, couple and family counselling
- Parenting program (individual and group)
- Parent - teen meditation
- Children who witness abuse counselling
- Sexual abuse intervention program
- Independence for youth program
- Youth housing - Cicada Place **250-352-9595**

### Kootenay Kids

312 Silica St. Nelson **250-352-6678**

- Pregnancy outreach program
- Young parent group
- Aboriginal early intervention program
- Strong start

### Nelson and District Youth Centre

608 Lake St. Nelson **250-352-5656**

- A safe and accepting environment where all youth can access a variety of recreational, developmental and cultural activities

### The Advocacy Centre

521 Vernon St. Nelson **250-352-5777**

- Legal information (not advice), support, advocacy
- Victim's assistance services
- Court preparation and accompaniment
- Resource and referral and rights information

### Friendship Outreach Clubhouse

818 Vernon St. Nelson **250-352-7730**

- Drop-in, social support for individuals with mental illness and addictions
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