



 **LifeWorks**

# Download the LifeWorks app

Feel supported, connected and rewarded wherever you are!

With the innovative LifeWorks app, you can access qualified support for your mental, physical, social and financial well-being, any time, from anywhere.

- Search for resources and tools on topics ranging from **family and life to health, money and work.**
- Connect to information and updates through the app's **News Feed.**
- Take advantage of **Perks**, helping you save money on daily essentials and luxuries from top brands and retailers.

What's more, the app acts like your digital wallet card. You can call a LifeWorks **Employee Assistance Program (EAP)** advisor with just one tap – toll-free, 24/7 – for expert advice, resources and referrals.

## Download the LifeWorks app today for convenient access to well-being support!

To log in with the LifeWorks mobile app. Download the app by searching for "LifeWorks" in the App Store or Google Play. After downloading the app, click Log in.

Enter:

You'll be redirected to single sign on for your organization.



### Share LifeWorks with your family

You can invite eligible dependant family members to access confidential help and advice on hundreds of topics available on the LifeWorks platform. **Simply access the LifeWorks website, then under "Profile" select "Family" and "Invite Family Members".**