

## Leaning into Connection, Belonging, and Opportunity in a Time of Crisis



**Audience(s):** School staff

**Hyperlink:** [COVID-19 and Workplace Wellbeing in K-12 Education: Leaning into Connection, Belonging, and Opportunity in a Time of Crisis Article](#)

### Description

*Gail Markin*, a teacher-counsellor in the Langley school district shares ways COVID-19 is transforming our K-12 workplaces for the better. Finding creative ways to show we care; expressing and talking about emotions more openly; and prioritizing communication, thinking, creativity and social connection over classroom content are just some of the positive side-effects of the pandemic that we can carry forward into a post-COVID-19 world.

### Objective(s)

Spending time to reflect on things that have changed for the better as a result of the COVID-19 epidemic will help us move forward as we start to imagine how we want our schools to look in a post-COVID-19 setting.

*Are there other resources that you love for cultivating the health of students and staff in your school community? Send your suggestions to [dashbcreources@gmail.com](mailto:dashbcreources@gmail.com)*