## Intellectual Disabilities INSTRUCTIONAL SUPPORT PLANNING PROCESS

Student Legal Name:		Date of Birth:				
School:	Grade	:: Date:				
DOMAIN	STRENGTHS	NEEDS		B se one ( ote below		
SELF DETERMINATION/ INDEPENDENCE						
SOCIAL/EMOTIONAL FUNCTIONING						
COGNITIVE FUNCTIONING						
INDEPENDENT LIVING						
COMMUNICATION						
ACADEMIC ACHIEVEMENT						
*Team Decision: N/A = No impa and/or intense impairment of func	irment of functionality, $A = Mild$ impairment of functionality.	$p_{mality}$ , $B = Moderate$ $p_{mality}$	ity; C = C	omplex		
Goals Developed to Address Needs Identified Above:						
Objectives and Strategies to Address Goals Developed: (what interventions/services/strategies can maximize functioning?)						
Data Sources to Monitor Outcome/s and Goal Achievement: (what are the outcomes? How useful were the interventions? How can the goals/strategies/services be improved for better outcomes?)						
Review Date:						

	SCRIPTION OF DOMAIN YPICAL SOURCES OF	A (MILD IMPAIRMENTS)	B (MODERATE IMPAIRMENTS )  The student's level of functioning	C (COMPLEX IMPAIRMENTS)
INFORMATION		Student exhibits mild functional problems occasionally and intermittently	Student exhibits moderate functional problems not necessarily in every setting or at all times	Significant functional problems occur across multiple settings
SELF DETERMINATION / INDEPENDENCE	appropriate choice making o independently makes appropriate social choices	and transitions  Requires minimal assistance to initiate/ perform tasks, and activities (at school and in community)  Cares for personal hygiene and personal grooming/clothing with minimal support  Needs occasional reminders to engage in leisure activities  Needs regular reminders to respect others' feelings  Prompting needed to ask for help  Needs some guidance with choice making	<ul> <li>□ With moderate support, can follow some but not all routines/transitions</li> <li>□ Requires moderate support to initiate/perform tasks and activities (at school and in community)</li> <li>□ Some, but not consistent care with hygiene and personal grooming/clothing</li> <li>□ Needs guidance to engage in leisure activities</li> <li>□ Needs constant reminders to respect others' feelings</li> <li>□ Unable/unwilling to ask for help when needed (even when prompted)</li> <li>□ Needs significant guidance with making appropriate choices</li> <li>□ Requires step-by-step guidance to access community resources for personal health e.g. dentist, medical doctor, etc.</li> <li>□ Easily manipulated by others ("gullible")</li> </ul>	<ul> <li>□ Cannot follow routines/transitions</li> <li>□ Requires significant adult support to initiate/perform tasks and activities (at school and community)</li> <li>□ Disinterested in personal care and requires significant adult support (if physically capable)</li> <li>□ Needs constant support to engage in leisure activities</li> <li>□ Unable to understand others' feelings</li> <li>□ Unable to ask for help when needed</li> <li>□ Unable to make simple choices</li> <li>□ Requires an adult to seek community resources for personal health e.g. dentist, medical doctor, etc.</li> </ul>
		<ul> <li>Peer coaching/buddy system for social modeling</li> <li>Assistance to transition between some activities</li> <li>Transition plan</li> </ul>	Examples of Support  Integrated case management Frequent supervision Social skills training Direct life-skills Structured peer coaching Peer mentoring Development of functional life-skills transition plan Transition plan Community services/agencies	☐ Intensive, integrated case management ☐ Consistent, direct adult supervision ☐ Safety planning ☐ Functional life-skills planning ☐ Transition plan ☐ Community services/agencies

	CRIPTION OF DOMAIN YPICAL SOURCES OF	A (MILD IMPAIRMENTS)	B (MODERATE IMPAIRMENTS)  The student's level of functioning	C (COMPLEX IMPAIRMENTS)
INFORMATION		Student exhibits mild functional problems occasionally and intermittently	The student's level of functioning  Student exhibits moderate functional problems not necessarily in every setting or at all times	Significant functional problems occur across multiple settings
SOCIAL / EMOTIONAL FUNCTIONING	- Social/emotional behaviours needed to function appropriately as part of the community - Self-regulation skills that supports daily function (daily living, learning)	<ul> <li>□ Needs some direction with changes to routine/transitions</li> <li>□ When frustrated, will respond with minor or no physical aggression</li> <li>□ Some difficulties with impulse control</li> <li>□ Minor levels of anxiety</li> <li>□ Occasionally fails to respond to mild behavioural intervention e.g., proximity, signalling, stating expectations, redirection, verbal correction, etc.</li> <li>□ Needs some structured behaviour management techniques /procedures e.g., token economy, checklists, shaping, response cost, quiet time, praise, etc.</li> <li>□ Occasional non-compliance/defiance</li> <li>□ Socializes with peers at a superficial level</li> <li>□ Intermittently invades personal space of others</li> <li>□ Can only read obvious and concrete social cues</li> <li>□ Easily influenced by peers to engage in risky behaviours</li> <li>□ Displays age-appropriate sexualized behaviour</li> <li>□ Occasionally uses some verbal aggression (words, volume, tone) to respond to conflict</li> <li>□ Sometimes interacts/plays with children much younger</li> <li>□ May attempt to cajole or intimidate others - antisocial or inappropriate behaviours</li> <li>□ Able to problem solve personal and interpersonal issues with minimal adult support</li> <li>□ Will take responsibility for own action only when urged</li> <li>□ Generally attempts new or novel experiences/activities independently</li> <li>□ Some inability to respect the rights of others</li> </ul>	<ul> <li>□ Needs direct support with changes to routines</li> <li>□ When frustrated, will act out physically, with moderate force, runs away, hurts self</li> <li>□ Ongoing moderate problems with impulse control</li> <li>□ Moderate levels of anxiety/anger mgmt. problems</li> <li>□ Fails to respond to mild behavioural intervention e.g., redirection, verbal correction, proximity, etc.</li> <li>□ Needs complex behaviour intervention plans/techniques that are closely monitored/enforced</li> <li>□ Frequent non-compliance/defiance</li> <li>□ Requires adult support to socialize with peers</li> <li>□ Frequently invades personal space of others</li> <li>□ Reads obvs./concrete social cues with adult coaching</li> <li>□ Requires reminders and prompts to respect public and private activities</li> <li>□ Needs adult monitoring and coaching to avoid being influenced by peers to engage in high risk behaviours</li> <li>□ Occasionally displays inappropriate sexualized behaviour (comments, touching, language)</li> <li>□ Often uses verbal aggression (words, volume, tone) to respond to a conflict</li> <li>□ Often interacts/plays with children much younger</li> <li>□ Occasionally cajoles or intimidates others into participation in antisocial or inappropriate behaviours</li> <li>□ Requires some adult guidance to problem solve personal and interpersonal issues</li> <li>□ Will take responsibility for own actions only when faced with consequences</li> <li>□ Requires some/considerable encouragement to attempt new or novel activities</li> <li>□ Frequently engages in negative self-talk, is personally discouraged</li> <li>□ Careless of the rights of others – vandalism, stealing</li> </ul>	<ul> <li>□ Constantly invades personal space of others</li> <li>□ Unable to read social cues</li> <li>□ Requires constant supervision for public and private activities</li> <li>□ Requires constant adult supervision to physically avoid interaction with peers who engage in high risk behaviours</li> <li>□ Frequently displays inappropriate sexualized behaviour (comments, touching, language)</li> <li>□ Almost always uses verbal aggression (words, volume, tone) to respond to a conflict</li> <li>□ Exclusively interacts/plays with children much younger</li> <li>□ Frequently influences others into participation in antisocial/inappropriate behaviours</li> <li>□ Requires full adult support to problem solve</li> <li>□ Unwilling to take responsibility for own actions – externalizes responsibility</li> <li>□ Refuses to / rarely attempts new or novel experiences/activities</li> <li>□ Constantly uses negative self-talk, shows disappointment in self, has negative self-concept</li> <li>□ No regard for the rights of others</li> </ul>
	recording		Examples of Support	
		<ul> <li>□ Structured class routines</li> <li>□ Breaks built into the schedule</li> <li>□ Token economy</li> <li>□ Environmental considerations (remove distractors)</li> <li>□ Develop positive relationship with key person in school</li> <li>□ Small group activities</li> </ul>	<ul> <li>Structured class routines</li> <li>Staff proximity</li> <li>Frequent staff intervention to proactively monitor behaviours</li> <li>Consistent behaviour intervention strategies across domains</li> <li>Develop positive relationship with key person in school</li> <li>Interagency involvement</li> </ul>	<ul> <li>☐ Intensive and individ. programming</li> <li>☐ Trained personnel in non-verbal crisis intervention</li> <li>☐ Highly structured beh. prog.</li> <li>☐ Closely supervised social situations</li> <li>☐ Ongoing medical team consultation</li> <li>☐ Interagency involvement</li> <li>☐ Consistent behaviour intervention strategies across domains</li> </ul>

	DESCRIPTION OF DOMAIN	A (MILD IMPAIRMENTS)	B (MODERATE IMPAIRMENTS)	C (COMPLEX IMPAIRMENTS)
	& TYPICAL SOURCES OF		The student's level of functioning	
INFORMATION		Student exhibits mild functional problems occasionally and intermittently	Student exhibits moderate functional problems not necessarily in every setting or at all times	Significant functional problems occur across multiple settings
	The Cognitive Functioning Domain includes thinking, reasoning skills and problem solving. The ability to generalize learning.  - Higher Order Thinking Skills  - Language Processing  - Phonological Processing  - Visual-Spatial Processing  - Processing Speed  - Memory  - Attention  - Executive Functions  - Motor Skills (fine and gross)  Possible Sources of Information:  - File review	<ul> <li>□ Some difficulties acquiring new information, making connections and generalizing</li> <li>□ Some difficulties understanding and following instructions</li> <li>□ Some difficulties with multistep and complex tasks</li> <li>□ Skills and abilities unevenly developed across assessed areas</li> <li>□ Needs concrete task presentation</li> <li>□ Some difficulties with complex problem solving</li> <li>□ Can learn information, but may not generalize or easily apply concepts learned</li> <li>□ Some difficulties understanding social/interpersonal nuances, especially when they are not easily observable</li> </ul>	<ul> <li>□ Significant difficulties acquiring new information, making connections and generalizing</li> <li>□ Significant difficulties understanding and following instructions</li> <li>□ Significant difficulties with multistep and complex tasks</li> <li>□ Skills and abilities are significantly delayed</li> <li>□ Limited to concrete tasks</li> <li>□ Very limited problem solving abilities</li> <li>□ Learns and uses skills exactly as taught (no generalization)</li> <li>□ Consistent difficulties understanding social/interpersonal nuances</li> <li>□ Significant difficulties with transitions or changes in routine</li> </ul>	<ul> <li>□ Profound difficulties with any learning</li> <li>□ No/very little ability to understand and follow instructions</li> <li>□ Unable to perform multi-step tasks</li> <li>□ Very serious delays in all areas of cognitive functioning</li> <li>□ Requires intensive, individualized support for all tasks</li> <li>□ Little to no problem solving skills</li> <li>□ Learning tasks only when entirely individualized to personal level</li> <li>□ Unable to understand social/interpersonal nuances</li> <li>□ Unable to transition or change routine without significant support</li> </ul>
	<ul><li>File review</li><li>Parental input</li></ul>			
	<ul> <li>Teacher(s) and Other Professionals</li> <li>School Psychologists Level C psycho- educational assessments</li> <li>Medical/Specialist reports</li> </ul>	<ul> <li>□ Daily or frequent contact throughout the week</li> <li>□ Adaptations and/or modifications are individualized</li> <li>□ Life skills education required</li> <li>□ Ongoing specialist teacher support for integration</li> </ul>	<ul> <li>□ Integrated case management required</li> <li>□ Significant modification of learning outcomes</li> <li>□ Fully modified curriculum</li> <li>□ Repetition/reinforcement of concepts and basic academic skills</li> </ul>	<ul> <li>☐ Intensive case management</li> <li>☐ High degree of individualized, one-on-one support</li> <li>☐ Individualized programming</li> </ul>

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		Student exhibits mild functional problems occasionally and intermittently	Student exhibits moderate functional problems not necessarily in every setting or at all times	Significant functional problems occur across multiple settings
INDEPENDENT LIVING	- Skills required for adults to access independent living and social inclusion in the community:      Life Skills     Healthy Living Skills     Work Skills     Safety Skills     Budgeting Skills     Transportation Skills  Possible Sources of Information: - Ecological inventories - Criterion -Referenced Assessments - Task analysis - Observations - Adaptive scales - POPARD Functional Skills Curriculum	<ul> <li>Demonstrates awareness of healthy living practices (exercise, eating, medication use, substance abuse, sexual behaviours), requires occasional reminders</li> <li>Demonstrates safety skills re: home, internet, community, and work, requires occasional reminders and instruction</li> <li>"Gullibility" results in putting self in unsafe situations</li> <li>Requires minimal assistance to obtain information when needing to access community resources</li> <li>Able to travel independently in community using public transportation</li> <li>Only sometimes expresses preferences and interests</li> <li>Can manage own money and maintain a budget with occasional monitoring</li> <li>Can perform basic household management tasks such as cooking and cleaning with minimal assistance</li> <li>Participates independently in community recreation and leisure pursuits</li> <li>Able to independently create a job seeker profile or resume with minimal assistance</li> <li>Demonstrates job search, application, and interview skills independently or with occasional guidance and support</li> <li>Able to work independently in paid employment with some initial training and minimal support</li> </ul>	<ul> <li>□ Requires ongoing instruction and monitoring to demonstrate awareness of healthy living practices (exercise, eating, medication use, substance abuse, sexual behaviours)</li> <li>□ Requires ongoing instruction and reminders of safety procedures re: home, internet, community, and work</li> <li>□ Requires assistance to obtain information when needing to access community resources</li> <li>□ Able to travel independently in community using public transportation on familiar routes, requires direct instruction for any new route or mode</li> <li>□ Rarely expresses personal preferences and interests</li> <li>□ Requires ongoing monitoring and guidance to manage own money and maintain a budget</li> <li>□ Requires ongoing prompting and instruction to perform household management tasks such as basic cooking and cleaning</li> <li>□ Requires monitoring and some occasional assistance to participate in community recreation and leisure pursuits</li> <li>□ Able to create a job seeker profile or resume with direct instruction and support</li> <li>□ Can demonstrate job search, application and interview skills with ongoing support and guidance</li> <li>□ Able to work independently in paid employment with ongoing monitoring/supports in place</li> </ul>	<ul> <li>□ Requires constant supervision to ensure appropriate sexual behaviours</li> <li>□ Requires continual adult support to demonstrate awareness of healthy living practices (exercise, eating, medication use substance abuse, sexual behaviours)</li> <li>□ "Gullibility" resulting in criminal involvement</li> <li>□ Requires 24 hour supervision</li> <li>□ Others must obtain information for him/her when accessing community resources</li> <li>□ Unable to express preferences and interests</li> <li>□ Requires constant supervision to travel on public transportation</li> <li>□ Requires others to manage his/her money and maintain a budget</li> <li>□ Others perform most household management tasks such as cooking and cleaning</li> <li>□ Requires 1 to 1 support to participate in community recreation and leisure pursuits</li> <li>□ Requires others to find/create employment (work placements)</li> <li>□ Requires full time support for employment (work placements)</li> </ul>
			Examples of Support	
		<ul> <li>□ Community job coach</li> <li>□ Natural supports on a work site</li> <li>□ Generic Community Resources</li> <li>□ Specialized Community Resources</li> <li>□ Community Life Skills Instructor Part-Time</li> <li>□ CLBC Facilitator, CYSN</li> <li>□ School team/EA</li> </ul>	<ul> <li>□ Community job coach</li> <li>□ Specialized community services and resources</li> <li>□ Full-time 1 to 1 Life Skills Instructor</li> <li>□ Recreation or leisure "buddy"</li> <li>□ CLBC Facilitator</li> <li>□ School team / EA</li> <li>□ Semi-supervised –semi-independent living situation</li> </ul>	<ul> <li>□ 24 hour supervision</li> <li>□ Supervised living situation</li> <li>□ CLBC Facilitator</li> <li>□ Specialized community services agency and resources</li> </ul>

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COMMUNICATIONS	Receptive and Expressive Communication: Understanding and using language as a tool for communication, developing literacy and academic skills  - Vocabulary/syntax/semantics development  - Auditory and language processing Pragmatic Language: active listening, following social language rules, reciprocity (e.g., turn-taking, initiating communic.)  - Understanding/using volume, tone and pitch  - Understanding and using abstract language (e.g., metaphor, sarcasm, humour)  - Understanding and use of body language (e.g., gestures and facial expression, etc.) Speech: the ability to be understood and communicate orally with others Voice: pitch, quality, intensity	<ul> <li>□ May have difficulty understanding multistep instructions</li> <li>□ Often need prompts/cues to attend to conversations/class discussions/social interactions</li> <li>□ Often has difficulty using and interpreting abstract language</li> <li>□ May have difficulty interpreting/ respond. to others and using non-verbal cues</li> <li>□ Requires more time to process language</li> <li>□ May need reduced rate of oral presentation;</li> <li>□ Information may need to be presented in steps/chunks</li> <li>□ Language is simple and concrete</li> <li>□ Some difficulty communicating needs, experiences and interests</li> <li>□ Speech sound errors can affect ability to be understood by others</li> <li>□ May need Augmentative Communication systems for self-expression and learning</li> <li>□ May need some support to interact w/oth.</li> <li>□ May present with limited or excessive volume; monotone/pitch issues</li> <li>□ May have dysfluencies impeding overall communication</li> </ul>	<ul> <li>□ Significant difficulty understanding multi-step instructions</li> <li>□ Requires significant support to attend to or participate in conversations/class discussions /social interactions</li> <li>□ Significant difficulty using and interpreting abstract language</li> <li>□ Significant difficulty interpreting, responding to, or using non-verbal cues</li> <li>□ Requires significant time to process language</li> <li>□ Requires reduced rate of oral presentation;</li> <li>□ Information must be presented in steps/chunk</li> <li>□ Significant difficulty communicating needs, experiences and interests</li> <li>□ May use some vocalizations to try to communicate with others</li> <li>□ Augmentative and/or alternative communication systems required for self-expression and learning</li> <li>□ Significant support to interact with others needed</li> <li>□ Heavy dependence on imitation/scripts to follow routines</li> <li>□ Lack of communication skills may lead to frustration/anger; often socially isolated</li> <li>□ May have moderate to severe dysfluencies impeding overall communication</li> </ul>	□ Is non-verbal or minimal in verbal output □ Serious difficulties understanding language. □ Limited communication intent - vocalizations produced without clear communicative intent □ Constant non/verbal cueing needed to attend to interaction opportunities, instruction and discussion with others □ Dependent on assistance for learning and to communicate in all environments (e.g., visual supports, communication books, switches, technology) □ Understands simple words or short phrases (e.g. "all gone") in context only
	Fluency: Stuttering/Cluttering		Examples of Support	
	<ul> <li>Possible Sources of Information:</li> <li>File review; family/teacher information</li> <li>School observations</li> <li>Speech-Language Pathology and AAC assessments</li> <li>Fluency/Voice assessments</li> <li>Medical/Outside agency evaluations</li> <li>Other consultations (e.g., SET-BC, etc.)</li> </ul>	□ Integrated case management □ SLP/AAC consultation/support □ Teacher facilitates peer interactions, monitors understanding of instructions and provides 1-1 instruction □ Support personnel assistance with classroom learning □ Use of visual cues and prompts □ Liaison with home, school and community	<ul> <li>□ Integrated case management</li> <li>□ Ongoing SLP/AAC consultation/support and training in compensatory strategies to facilitate communication efforts</li> <li>□ Support personnel and teacher support and training</li> <li>□ Significant use of visual cues and prompts</li> <li>□ Extensive liaison required among home, school and community</li> </ul>	<ul> <li>□ Extensive integrated case management</li> <li>□ Ongoing SLP/AAC support and training to support communication efforts</li> <li>□ Create and implement communication dictionary to help teach the child that behavior has meaning.</li> <li>□ Communication modifications are highly individualized for interaction, learning and functional skills outcomes</li> <li>□ Very extensive liaison required among home, school and community</li> </ul>

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ACADEMIC ACHIEVEMENT	Refers to the BC Ministry of Education Learning Outcomes, academic skills in reading, writing, mathematics, and oral language, as well as functional academics (money, time, applied skills).  Possible Sources of Information:  - File review  - Observations  - Parent input  - Teacher(s) and Other Professionals  - School Psychologists  - Academic assessment (level B assessments, curriculum-based assessments)  - Level C psycho-educational assessments  - Medical/Specialist reports	<ul> <li>□ Student often needs adaptations and/or modified learning outcomes</li> <li>□ Needs some support to complete academic work</li> <li>□ Acquisition of academic skills requires limited support</li> <li>□ Uneven development of academic skills</li> <li>□ Generalizes some learned skills</li> <li>□ Difficulties with more complex, applied academic concepts</li> <li>□ May have relative strengths in basic academic or rote skills</li> <li>□ Requires some assistance with organization of learning materials and workspace</li> <li>□ Some difficulties with multiple tasks</li> <li>□ Some difficulties attending to instructions</li> <li>□ Represents learning (showing what is learned) through more limited variety of forms</li> <li>□ Has limited learning strategies in regular use</li> <li>□ Requires extra time to learn and complete work</li> <li>□ Often requires learning tasks to be concrete and explicit with frequent rehearsal and repetition</li> </ul>	<ul> <li>□ Student requires modified learning outcomes</li> <li>□ Limited independence with academic work, requires considerable academic support</li> <li>□ Very limited acquisition of academic skills</li> <li>□ Low academic skills across areas</li> <li>□ Significant difficulties generalizing learned skills</li> <li>□ Significant difficulties with applied academic concepts</li> <li>□ Limited basic or rote academic skills</li> <li>□ Requires significant amounts of assistance managing materials required for academic works</li> <li>□ Significant difficulties with multiple tasks or multi-step learning</li> <li>□ Significant difficulties attending to instructions</li> <li>□ Very limited representation of learning</li> <li>□ Very limited learning strategies</li> <li>□ Requires significant amount of extra time to learn and complete work</li> <li>□ Only learns through step-by-step teaching with significant rehearsal and repetition</li> </ul>	<ul> <li>□ Requires significant modifications to all learning outcomes</li> <li>□ Requires fully individualized support for all learning activities</li> <li>□ Profound difficulties with any academic learning</li> <li>□ Minimal to no academic skills</li> <li>□ No generalization of learned skills observed</li> <li>□ Absence of basic or rote academic skills</li> <li>□ Requires individualized support for any use of materials or manipulative learning items.</li> <li>□ Unable to complete multiple tasks</li> <li>□ Attending to instructions very limited.</li> <li>□ Learning strategies not observed</li> <li>□ Requires significant assistance to complete even minimal work</li> <li>□ Learning very limited despite rehearsal and repetition</li> </ul>
		Examples of Support		
		<ul> <li>□ Daily or frequent contact throughout the week</li> <li>□ Adaptations and/or modifications are individualized</li> <li>□ Life skills education required</li> <li>□ Ongoing specialist teacher support for integration</li> </ul>	<ul> <li>□ Integrated case management required</li> <li>□ Significant modification of learning outcomes</li> <li>□ Fully modified curriculum</li> <li>□ Repetition/reinforcement of concepts and basic academic skills</li> <li>□ Life skills education required</li> </ul>	<ul> <li>□ Intensive case management</li> <li>□ High degree of individualized, one-on-one support</li> <li>□ Individualized programming</li> <li>□ Life skills education required</li> </ul>