

3.18 Strength Based Student Profile

Name:	School:	Class:	Grade:	
	Some words that	describe me are:		
This is a picture of me	Some things that	I am interested in are:		
The best ways for me to show what I know are:				
Some things that I need to you to k	now about me are	:		
Some things that I want to get bett	er at this year are:			

My Goal Areas	Strengths (What I am good at/ know a lot about)	Stretches (what I still need support with/ need to get better at)
Personal Goals (Things I can do on my own)		
Social Goals (Things I can do with other people)		
Intellectual Goals (Things I can learn and think about)		

Strength Based Student Profile, adapted from Schnellert & Brownlie, 2011

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