



4.3 SBT Referrals to District-Based Team (DBT)

WHAT IS A DISTRICT BASED TEAM (DBT)?

A district-based team (DBT) is a team of people that meets twice monthly to:

- Review district wide data through the lens of the learners with the highest levels of support
- Provide extended consultation and coordination for learners with highly complex profiles
- Facilitate access to district resources such as DISC (District Inclusion Support Teacher), SLP, or PT consultations, psychoeducational testing, CPI training, etc.
- Review referrals and requests including:
 - REQUEST FOR COORDINATED TIER IV LEVEL SUPPORT FROM DBT
 - REQUEST FOR SPECIALIZED TIER III LEVEL SUPPORT FROM DISC
 - REQUEST FOR PSYCH ED ASSESSMENT (CLBC AND NON-CLBC)
 - REFERRAL FOR REACH AND/OR SEQUOIA

HOW TO REQUEST SUPPORT OR SUBMIT A REFERRAL TO DBT:

- All referrals/request to DBT can be submitted via the [DBT FORM](#).
- For referrals for **coordinated Tier IV level support from DBT and/or specialized support from DISC**:
 - Please submit any supporting documentation related to the request/referral, including learning updates, IEP, attendance history, behavior tracking, behavior plans, professional reports or letters from outside agencies- as applicable.



- Please send any relevant/supporting documentation to clerical.inc@sd8.bc.ca within one week of completing the above linked form.
- Please send the supporting documentation in one attachment with the subject line: School Name DBT referral: (Student Initials).
- Please password protect the supporting documentation and send password separately.
- For supporting documentation for referrals for **psych ed assessments**, please see Inclusive Education Procedure *4.3.1 SBT Referrals for Psychoeducational Testing*