

8.17 Kids in the Know Curricular Procedures

In addition to requirements that all grades K-10 students be taught the BC Health Curriculum, SD8 also requires that all K-10 classrooms teach the “Kids in the Know” curriculum:

What is *Kids in the Know*?

Kids in the Know (KIK) is the Canadian Centre for Child Protection’s national, bilingual, interactive safety education program for use in kindergarten to high school classrooms that uses age-appropriate lessons to increase children’s personal safety skills in order to reduce their risk of victimization online and offline. *Kids in The Know* lessons are matched to the British Columbia Physical and Health Education Curricular Competencies and Content and are purposefully designed to create a common language to help facilitate the way we teach kids about personal safety.

How do school staff access the *Kids in the Know* program?

All school principals were provided a log in via email to access training videos and lesson materials. Please reach out to the District Principal of Inclusive Education with any questions.

Please click for [additional resources from the Canadian Centre for Child Protection](#).

Please click for an [overview of the Kids in the Know program](#).

For information on BC’s K-9 Health Curriculum, please see:

- [Physical and Health Education](#)
- [Supporting Student Health Elementary \(PDF\)](#)
- [Supporting Student Health Secondary \(PDF\)](#)
- [Physical and Health Education K-10 - Content Overview](#)
- Note that parents do have the ability to request options for their child re: the teaching of certain topics as per: [AP 2004: Sensitive Issues and Alternate Delivery of Curriculum](#)

For curricular resources, please see:

- [Teaching Sexual Health](#) (All materials available in French and English)
- [Sexual Health Resources for Teachers](#)
- [Tips for Providing Substance Use and Sexual Health Education in Schools](#)

Please also see the following Inclusive Education Procedures:

8.16 Sexual Health and Consent Curricular Procedures

8.18 Social-Emotional and Mental Health Curricular Procedures

8.19 The Use of Guest Speakers and Outside Agencies for Health Topics